

**The Serenity Prayer- Found in the Twelve Steps and Twelve Traditions,  
p. 41**

**God grant me the Serenity to accept the things I cannot change,  
Courage to change the things I can and Wisdom to know the difference.  
Thy will, not mine be done.  
Twelve Steps and Twelve Traditions, p. 41**

**3rd Step Prayer- Found in the Big Book- Alcoholics Anonymous, p. 63**

**God, I offer myself to Thee--to build with me and to do with me as Thou wilt. Relieve me of the bondage of self, that I may better do Thy will. Take away my difficulties, that victory over them may bear witness to those I would help of Thy Power, Thy Love, and Thy Way of Life. May I do Thy will always!**

**7th Step Prayer- Found in the Big Book- Alcoholics Anonymous, p. 76**

**My Creator, I am now willing that you should have all of me, good and bad. I pray that you now remove from me every single defect of character which stands in the way of my usefulness to you and my fellows. Grant me the strength, as I go out from here, to do your bidding. Amen.**

**11th Step Prayer-  
Found in the Twelve Steps and Twelve Traditions, p. 99**

**Lord, make me a channel of thy peace--that where there is hatred, I may bring love--that where there is wrong, I may bring the spirit of forgiveness--that where there is discord, I may bring harmony--that where there is error, I may bring truth--that where there is doubt, I may bring faith--that where there is despair, I may bring hope--that where there are shadows, I may bring light--that where there is sadness, I may bring joy. Lord, grant that I may seek rather to comfort than to be comforted--to understand, than to be understood--to love, than to be loved. For it is by self-forgetting that one finds. It is by forgiving that one is forgiven. It is by dying that one awakens to eternal life. Amen**